



## *"All Are Welcome"*

November 1, 2022

Dear St. Lawrence School Families,

It was absolutely wonderful to see so many of our students, families, and staff members at our Walkathon on Saturday. There was such a great variety of fun activities for everyone to participate in, and it was so amazing to celebrate at St. Lawrence with you all! Thank you to all of the parent volunteers for your help with setup and cleanup before and after the Walkathon. I would like to especially thank all of our Walkathon Planning Committee Members for all of their hard work in putting together this fundraiser. Please click on the link below to view this week's Walkathon newsletter and read about all of the wonderful volunteers who helped make this event possible! We are continuing to collect Walkathon pledges this week. The deadline to submit donations is this Friday, November 4<sup>th</sup>. We will announce the final fundraising total, as well as our top ten prize winners later this month during a special Closing Celebration Assembly with our students, staff, and families at St. Lawrence School. We will share the date of this event soon.

**Walkathon Newsletter:** <https://conta.cc/3DKBs7h>

Our students, faculty, and staff truly enjoyed celebrating Halloween yesterday! It was so much fun seeing everyone in costume, and I was amazed at the amount of imagination, originality, and creativity displayed by our students. Thank you to our teachers and parent volunteers for helping to organize and run such fun and educational Halloween events in our classrooms. You truly made it a memorable day for our students!

In the Diocese of Rochester, physical education teachers utilize the Sports Medicine for the Soul program, which focuses on developing character through sports in connection with Catholic teachings. There are ten-character traits developed throughout this program, which include, strong character, positive attitude, respect, confidence, integrity, mental strength, good sportspersonship, good communication, healthy choices, and self-reflection skills. Each month, our physical education teacher, Ms. Kolb focuses on different character traits with our students. Students from each grade who go above and beyond to demonstrate a character trait focused on during each month, will be chosen to receive a certificate and a small prize. The following students received this recognition for the month of October. I would like to congratulate all of these students and thank them for going above and beyond to demonstrate this character trait.

### **Positive Attitude:**

PreK-3 – Brooklyn Attridge & Jackson Sebring

PreK-4 – Bella Gillette & Donovan Karbowski

Kindergarten – Cristiana Bernier & Logan Church

1st Grade – Caleb Floramo & Elladie Ross

2nd Grade – Alexandra Burger & Carter Bush

3rd Grade – Stella Chantra & Jack DeBadts

4th Grade – Henry Conderman & Eleni Triantafilou

5th Grade – Donald Spencer & Natalie Hall

I am excited to share with you that our K-5 Healthy Lunch Program will be returning to St. Lawrence School this year. This program focuses on getting students to eat more fruits and vegetables during lunch. Starting next week, each K-5 student will be given a Healthy Lunch Punch Card. If a lunch monitor observes a student eating a fresh fruit or vegetable during lunch, that student will receive a punch on his or her card. Once a student receives 20 punches, he or she will receive a special prize and be entered into periodic drawings to win larger prizes throughout the school year. If you have any questions about this program, feel free to contact our lunch coordinator, Ms. Kolb. We are looking forward to having our Healthy Lunch Program again at St. Lawrence School starting next week!

As a reminder, students are no longer allowed to bring trading cards into the school building. This includes Pokemon, Yu-Gi-Oh, Magic, Sports, and other trading cards. We have had numerous issues where students are taking these cards out during instructional time and trying to trade them in the classroom, hallway, or even outside during recess. Some of these cards are valuable and can cause unnecessary stress to students if they are lost or traded. These cards are in no way part of our St. Lawrence Catholic School Mission and are in no way connected to any of the required elementary school learning standards. Both teachers and parents have expressed concerns that these cards are becoming a distraction in school, and in order to ensure that our students are able to participate in a successful learning environment, we are asking all families to avoid sending these cards in with their children. This includes After School Care as well. If you have any questions, feel free to contact me. Thank you so much for helping to support a positive learning environment for our students at St. Lawrence School!

Our annual Veterans Concert this year will be on Wednesday, November 9<sup>th</sup> at 1 PM and 6:30 PM in Deacon Hall. As always, our Veterans Concert will be presented by our 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grade students, and I know Mrs. Dinsmore has already been practicing with them during music classes. We are looking forward to honoring the men and women in our armed forces through this musical salute to our veterans. We invite you all to join us for this special event!

I would like to remind all families that the process of preparing for and receiving sacraments should be done at each child's parish. If your child is in second grade, please make sure to contact your parish to begin Reconciliation and First Holy Communion preparation. If you have any questions, please do not hesitate to contact your church pastor for more information.

This year, Parent Teacher Conferences will be on Friday, December 2<sup>nd</sup>. These conferences will be in-person in our school building. Your child's teacher will be reaching out to you soon to schedule your conference. If you would prefer to have a virtual conference, please let your child's teacher know. When you schedule your conference, feel free to request to have any specials or AIS teachers attend. If you would like to set up separate conferences with specials teachers or AIS teachers, you are welcome to reach out to them to set up a separate meeting as well.

I hope you are having a wonderful start to your week! As always, thank you for all that you do for our students!

God bless,

Frank Arvizzigno  
Principal

### Please Note:

Eucharistic Adoration (Grades 2-5)	11/7
Health Lunch Program Begins (Grades K-5)	11/7
Club Session 1 Begins	11/7
Veterans Concert at 1 PM & 6:30 PM	11/9
First Quarter Ends	11/10
Teacher Meetings (11 AM Student Dismissal)	11/10
Veterans Day – No School	11/11
Picture Make-Up Day	11/14
November Birthday Celebration	11/17
Report Cards (1 <sup>st</sup> Quarter)	11/22
Thanksgiving Recess–No School	11/23-11/25
Parent Teacher Conferences–No School	12/2
Santa's Shop in Deacon Hall	12/6-12/8
Walkathon Wednesday (Wear Walkathon Shirts)	12/7
Mass (Grades K-5) at 8:30 AM	12/8
December Birthday Celebration	12/8

**Today's K-5 Envelope includes:**  
**Session 2 Lunch & Milk Order Forms**

### Office Reminders:

Changes in dismissal routine are needed before 1:00 PM. To guarantee that we get changes in time for dismissal, you should e-mail the teacher **AND** our office manager, Renee Hawkes, at [renee.hawkes@dor.org](mailto:renee.hawkes@dor.org).

K-5 Families, please send your weekly Tuesday envelope back to school by Thursday each week. If you are sending payments or any correspondence to the office, please include them in this envelope.

As a reminder, as long as the real feel temperature is not below 30 degrees Fahrenheit and there is no precipitation, our teachers will still be taking the students outside for recess. Please make sure to have your child bring a coat, hat, gloves, etc. to school on cold days so that they are able to participate in outdoor recess.



**HALLOWEEN  
2022**







# WALKATHON 2022





## Health Office Updates

As a reminder, medication should be brought in and handed to the nurse or an adult by a guardian. Please DO NOT send in medication with your child for safety reasons. All medications need to have a current signed and dated doctor's order **(it cannot carry over from last year)**. If you wish for your child to have things such as cough drops, antibiotic ointment for scrapes and cuts, Tylenol and Motrin, please obtain a doctor's order, and we will need parental consent.

If your child has an accident and gets sent home with clothes from our office, please wash and return them to us (we are running low on certain items).

If you have any of the following and would like to donate them to the health office, we are in need!

- Winter Gloves
- Hats
- Jackets
- Socks
- Underwear

We are still monitoring children for COVID-19 symptoms. Students do NOT have to have a fever in order to be sent home with COVID-like symptoms. We can also test your child at school if they present with symptoms. If your child is sick at home, please do a home test and submit the results to us; this is required for them to be able to return to school. The following are symptoms that require a test:

Fever or chills  
Cough  
Shortness of breath or difficulty breathing  
Fatigue  
Muscle or body aches  
Headache  
New loss of taste or smell  
Sore throat  
Congestion or runny nose  
Nausea or vomiting  
Diarrhea

Feel free to reach out to us with any questions or concerns. **Please include both nurses when reaching out via e-mail.**

Thank you!

Carrie Meyer  
St. Lawrence School Nurse  
(585) 225-3870 Ext. 123  
[Carrie.Meyer@dor.org](mailto:Carrie.Meyer@dor.org)

Cindy Stewart  
St. Lawrence School Nurse  
(585) 225-3870 Ext. 123  
[Cynthia.Stewart@dor.org](mailto:Cynthia.Stewart@dor.org)